



The AIP Lifestyle Program Agreement Form & Disclaimer:

Date: _____

Participant Name: _____ (Herein referred to as "the participant")

Instructor's Name: _____ (Herein referred to as "the instructor")

WHEREAS the instructor is engaged in the business of the AIP Lifestyle Program for the purpose of improving nutritional habits in order to improve health and wellness and WHEREAS, the participant is desirous of attending weekly meetings with the instructor in order to obtain said AIP Lifestyle Program materials and information for the participant.

NOW, THEREFORE, in consideration of or the foregoing premises and other good and valuable considerations, the receipt and sufficiency of which are hereby acknowledged, it is agreed by and between the parties as follows:

1. The participant hereby engages the instructor of the AIP Lifestyle Program on the terms and conditions hereinafter set forth.
2. The Participant will participate in weekly meetings, the time and location of which are determined by the instructor. In the event that a meeting is cancelled due to unforeseen circumstances, that week's meeting will be made up at the instructor's discretion. The participant will be notified via email if a meeting is cancelled. If the participant is unable to attend a meeting, the participant shall ask the instructor for the materials.
3. If the instructor fails or refuses to complete the required appointments with the participant, there shall be a pro-rated refund.
4. The instructor assumes no responsibility or liability for personal injuries/problems incurred by the participant either during the meetings or while executing their nutritional program.
5. The participant hereby, on behalf of the participant, his or her family, heirs, assigns, successors, and legal representatives, expressly releases and discharges the owner/creator, it's agents, employees, successors and assigns, and instructor of this program from the liability in connection with the AIP Lifestyle Program or from any cause whatsoever, including negligence, and the participant expressly assumes any and all risk in connection with the AIP Lifestyle Program.
6. It shall be the participant's responsibility to consult with his or her physician as to the appropriateness of the AIP Lifestyle Program being undertaken by the participant.
7. The Agreement constitutes the entire agreement between the parties and this Agreement may not be terminated or modified except in writing by the instructor.
8. This Agreement shall be interpreted by, construed according to, and enforced according to the laws of the State of Florida.
9. This Agreement shall be binding upon the parties hereto and their respective successors, heirs, and assigns.



Disclaimer

Health Concerns:

An AIP Lifestyle Program instructor is not a substitute for your family physician or other appropriate healthcare provider. An AIP Lifestyle Program instructor is not trained nor licensed to diagnose or treat pathological conditions, illnesses, injuries, or diseases or prescribe medications or treatments. If you are under the care of a healthcare provider, it is important that you consult with them regarding your intention to participate in the AIP Lifestyle Program. It is important to always keep your physician informed of changes in your nutritional status.

AIP Lifestyle Program Goals:

The fundamental goals of the AIP Lifestyle Program are to encourage people to become knowledgeable about and responsible for their own health, and to improve nutritional habits in order to improve health and wellness. An AIP Lifestyle Program instructor helps individuals reach their optimal level of overall health by supporting and bringing balance to the five foundations listed below. All five are built upon a single, solid base: a properly prepared, nutrient-dense diet.

- Digestion
- Blood Sugar Regulation
- Fatty Acid Balance
- Mineral Balance
- Hydration

By supporting each of these foundations and helping participants adopt a more nutrient-dense diet, the body's chemistry can be brought back into a natural balance, setting the stage for optimal health.

The AIP Lifestyle Program is not, however, designed to treat any specific medical conditions or diseases. No comment or recommendation from your AIP Lifestyle Program instructor should be construed as a medical diagnosis or prescription. Since every human being is unique on a biochemical level, we cannot guarantee any specific result from our program.

By signing the Agreement Form attached, you acknowledge that you have read and fully understand the above Disclaimer, and are in agreement with the statements made therein.

IN WITNESS WHEREOF, the parties have reviewed, understood, and agreed with the Disclaimer, and assigned this Agreement as of the date written above.

INSTRUCTOR SIGNATURE:

PARTICIPANT SIGNATURE:
